

## Objective 4

**Demonstrates traveling skills**

Related Objectives: 1b, 8a, 8b

## What You Do

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### **1. Sing the following to the tune of “Bingo” and incorporate different actions.**

It's time to leave the [carpet] now.

How would you like to do that?

Will you [skip] or [hop]?

Will you [jump] or [stomp]?

Will you [walk] or [trot]?

Let's see the moves you know!

### **2. Invite the children to choose a movement and transition to the next activity.**

- Invite the children to suggest actions to include in the song.
- Encourage children to try more than one movement at a time as they transition to a different area of the classroom.
- Ask children to try the movements in different ways, e.g., slowly or quickly.
- Transition a few children at a time instead of inviting the entire class to participate at once.