



Noni™ — a Digital Coach for Building Trauma-Sensitive Classrooms

Backed by decades of research on relationship-centered classroom strategies

For nearly 40 years, Adventist HealthCare's The Lourie Center for Children's Social & Emotional Wellness has been supporting the growth and success of trauma-impacted children and their families. Their research-based approaches to practice enable children excluded from mainstream schools and programs for behavior-related challenges to begin to heal from their trauma and transition successfully to traditional school settings. Noni™ is proud to partner with the Lourie Center to scale their comprehensive approach through real-time, responsive technology that helps teachers understand, track, manage, and even predict and plan for dysregulated child behaviors stemming from toxic stress and trauma.

A Pioneering Approach to Relationship-Based Teaching

The Lourie Center is the nationally-recognized leader in research and best practices for working with children and families who have been exposed to trauma and toxic stress. Pioneers in the field of infant and child mental health, the Lourie Center is staffed by researchers, licensed clinical social workers, masters'-level special education teachers, child psychologists, and psychiatrists.

Central to their work is the development and nurturing of the whole child, the whole family, the whole teacher, and the whole school—a comprehensive approach that focuses on prevention, early intervention, education, research, and training.

In partnership with the Lourie Center, Noni™ brings industry-leading research and best practices into every classroom and every teacher's pocket.

Designed for preschool, Pre-K and elementary school teachers, Noni™ provides guidance, strategies, and personalized coaching to help teachers create trauma-sensitive, relationship-focused environments that help children get out of stress response mode and into learning mode.

We know that the most important protective factor for children who've experienced trauma is the presence of a caring, nurturing relationship with a trusted adult. And it's these relationships that Noni™, in partnership with the Lourie Center, is helping teachers to build.



"The more healthy relationships a child has, the more likely he will be to recover from trauma and thrive. Relationships are the agents of change and the most powerful therapy is human love."

— Bruce D. Perry, MD, PhD

Time-Tested Relationship-Building Strategies, Always Within Reach

The Lourie Center’s approach is backed by decades of research in attachment theory. And their program impact shows that their approach works.

80% success rate in transitioning children to mainstream school

Significant improvement in children’s social information processing (SIP)

Reduced suspension and expulsion rates

75% of caregivers report their children succeeding academically and socially 3 years after transitioning out of care

The Lourie Center Approach	The Noni™ Approach
Based on decades of research on attachment theory	Uses a framework based on the Lourie Center’s attachment theory research and general best practices for building healthy relationships
Integrates whole child/family social-emotional practices into everything they do	<ul style="list-style-type: none"> Includes built-in language for communicating with families about their children Adapts classroom strategies for use at home
Prioritizes building trusting teacher-child relationships that help children feel safe	Offers relationship-building “micro-practices” that help to build trust and provide a sense of security
Requires staff to prioritize and focus on their own self-care and mental wellness	Includes a wide variety of short, simple self-care practices that teachers can use to manage their own stress levels and mental well-being
Builds empathy by giving teachers a strong understanding of trauma, ACEs, and the effects of stress response on a child’s behavior	Offers a library of resources, including <ul style="list-style-type: none"> A comprehensive textbook that explains the science of the stress response and breaking the cycle of dysregulated behaviors Professional development videos, articles, and other resources
Uses a “rupture-repair” model for relationship-building to address fractured relationships	Offers a “rupture-repair” strategy for each child’s individual plan to help rebuild trust following an instance of dysregulated behavior
Includes reflective practice as a key component of working with trauma-impacted children	Includes in-app guidance and a teacher reflection journal with space for teachers to reflect on their work

Key Published Research on the Lourie Center’s Outcomes and Approach

- Berlin, L.J., Martoccio, T.L., Jones Harden, B. (2018). *Improving Early Head Start’s Impacts on Parenting Through Attachment-Based Intervention: A Randomized Controlled Trial*. *Developmental Psychology*, 54(12), 2316–2327.
- Ziv, Y., Capps, Umphlet, K.L., Sofri, I., Olarte, S., & Venza, J. (2020). *Changing Developmental Trajectory in High-Risk Families: The Effectiveness of an Attachment-Informed Therapeutic Nursery Program (TNP) for Preschool Children with Complex Emotional and Behavioral Problems*. *Attachment & Human Development*. DOI:10.1080/14616734.2020.1722717
- Ziv, Y., Capps Umphlet, K.L., Olarte, S., & Venza, J. (2018). *Early Childhood Trauma in High-Risk Families: Associations with Caregiver Emotional Availability and Insightfulness, and Children’s Social Information Processing and Social Behavior*, *Attachment & Human Development*, 20(3), 309–332.
- Ziv, Y., Kaplan, B.A., & Venza, J. (2016). *Practicing Attachment in the Real World: Improving Maternal Insightfulness and Dyadic Emotional Availability at an Outpatient Community Mental Health Clinic*. *Attachment & Human Development*, 18(3), 292–315.
- Ziv, Y., Sofri, I., Capps Umphlet, K.L., Olarte, S., & Venza, J. (2018). *Children and Caregivers’ Exposure to Adverse Childhood Experiences (ACES): Association with Children’s and Caregivers’ Psychological Outcomes in a Therapeutic Preschool Program*. *International Journal of*

Contact us to learn more about how Noni™ can help bring relationship-centered teaching practices into the classroom, visit www.teachingstrategies.com/contact/.