

Comprehensive Early Childhood Social–Emotional Learning Curriculum



Al's Pals™
Kids Making Healthy Choices

by  Teaching Strategies®

Fostering Resiliency When It's Needed the Most

Al's Pals™ is an evidence-based, comprehensive social-emotional learning curriculum and professional development program designed to meet the specific needs of preschool children. With both print and digital curriculum resources, Al's Pals™ promotes resiliency in children ages 3–6 through the development of social – emotional skills, including self-control, problem-solving abilities, and healthy decision-making.

Help children weather any storm

Al's Pals provides protective factors that may **lessen the long-term effects of trauma**, including effects on a child's brain development, attention, decision-making, learning ability, ability to form healthy and stable relationships, and response to stress.

Adverse childhood events include

- witnessing violence in the home or community;
- parental mental illness, substance abuse, domestic violence, or incarceration; and
- experiencing violence, abuse, or neglect.



Designated
CASEL SElect
Program



Rated highest level of
Evidence of Effectiveness in
the Social-Emotional Preschool
Curriculum Consumer Report



Designated
Model Program

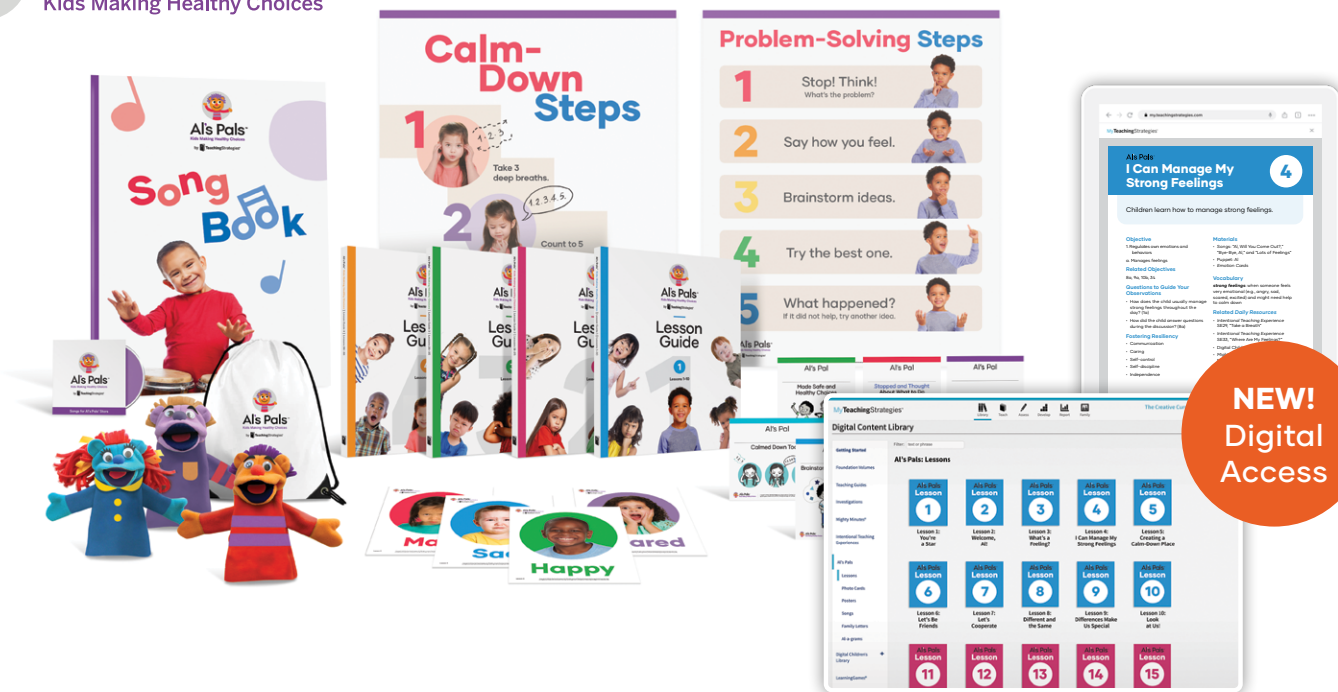


Designated Effective School-
Based Prevention Program:
Safe, Disciplined, and Drug-Free
Schools Expert Panel

Build the foundation children need for success in school and life

Through fun lessons, engaging puppets, original music, and effective teaching approaches, Al's Pals

- helps children manage feelings and behaviors;
- cultivates conflict resolution and problem-solving skills;
- builds positive relationships and prevents bullying;
- creates caring, cooperative classrooms;
- teaches children to make healthy choices; and
- builds authentic family partnerships.



Al's Pals™ Components

Teacher Plans

- 52 lessons that facilitate large-group interactive discussions and problem-solving experiences
- Puppet Scripts and Helpful Hints
- Alignment with the objectives for development and learning, *Intentional Teaching Experiences*, *Mighty Minutes*®, and children's literature
- "Including All Children" section, English-language learner support, teacher reflection questions, and much more

Classroom Materials

- 3 puppets
- 40 diverse photos representing themes directly related to the core concept of the lesson
- 2 classroom posters
- 2 children's books

Songs and Songbook

- 12 songs that reinforce lessons and core concepts
- Songbook of repetitive, easy words for children to sing

Family-Facing Content

- 8 recognition certificates, 18 family letters, and 1 completion certificate
- Family-friendly language in both English and Spanish

NEW Digital Access

- Access to our updated Al's Pals lessons and corresponding classroom and family-facing content within *MyTeachingStrategies*®

Professional Development

- Interactive offerings tailored to the specific needs of a program

Contact us to learn more about Al's Pals.

